

**2016
2017**

Turner's Gymnastics, Inc.

Gymnastics

Competition
TEAM

Birthday Parties

Sleepovers

Private Lessons

Leotard Sales

Summer FULL DAY
Summer EVENING

Turner's Gymnastics has been offering instructional gymnastics classes for boys and girls of all ages since 1985 - over 30 years of safe and sensible fitness programs. Our students learn and they get ahead in the sport, but for us gymnastics is never considered more important than your child's health and happiness. Our students remain at the center of our attention all the time. Kids participating at ALL LEVELS are welcome... not just the hot shot "team" gymnasts, although we have a successful competitive program that has been featured on the local radio and TV. The goal is to offer EVERYONE an excellent learning experience.

My facility is located nearby in East Norriton. It's just a few minutes drive from Audubon, Lafayette Hill, Collegeville, Norristown and Blue Bell... a few minutes more from Lansdale, Schwenksville and Ambler. The 6,000 square foot gym is comfortable and clean - fully equipped with modern Olympic standard apparatus and mats. We have multiple sets of uneven bars and balance beams and lost of special preschool equipment. Plan a visit to our ALL NEW gym located in Oaks Pennsylvania - now two locations to choose!

Listed here are the regular classes we offer week to week. I hope you can find a program that's just right for you. Please email the gym if you have any questions.

*Brian Turner, gym owner
Darla Olmo, general manager*

for more program
information send your email to
turnersgym@aol.com
or visit
www.turnersgymstars.com

**Turner's Gymnastics, Inc.
521 West Germantown Pike
East Norriton PA 19403
(610) 277-0182**

Why Do Gymnastics? Gymnastics is unsurpassed in developing the minds and the muscles of our young people. It's been called the sport where all other sports begin. That's because it's a little of everything - different events focus on different kinds of fitness and the variety keeps everyone interested. To jump over the Vaulting Table you need power and courage; to stay on the Balance Beam the children learn control and concentration; on the Uneven Bars it's strength and determination; and on the Floor Exercise you get to tumble - over and over, upside down and all around. We offer TWO locations - East Norriton and Oaks - same great programs!

With our program there's never a dull moment!

Children love to move! Gymnastics gives them the tools they need to move better, faster and stronger. Life is a lot more exciting when you can see things from upside down. Helpful teachers make learning fun and soft mats make it safe to try something new.

At Turner's it's really FUN!

Our RECREATIONAL GYMNASTICS program is non-competitive. You don't have to make your opponent lose for you to win. You only have to worry about yourself and how much effort you're able to put into the sport. In gymnastics you face yourself every time you participate and that's what life is all about. At Turner's Gymnastics we offer progressive recreational activities that everyone can enjoy.

Turner's Gymnastics - everyone is a winner!

Preschool Gymnastics Classes

During the first few years of life children acquire physical and intellectual skills from the world around them. Early childhood experts support the idea that growth through development of physical skills is important enough NOT to be left to chance. Physical activity stimulates self-discovery and a child's early years are largely devoted to exploring and learning fundamental motor patterns and manipulative skills. Gymnastics provides for a lively and interesting setting full of fun and challenge. The equipment at OUR gym is set up for little people and the lessons take into account their size, age and experience. It's a great way to play and learn.

MOM and TODDLER Creative play time for parent and child. This class is the spark for independence and self-confidence. It's a scaled down version of the preschool program - great activity and lots of music. Parents, grandparents and even babysitters are present to help get a head start on LEARNING. You'll be there to direct your child's attention to day's activity and you'll meet other children ages 2 and 3 for quality time in a warm and pleasant atmosphere. Other children in your family can come and are welcome to sit and watch - *No Problem!*

Toddlers (ages 2 and 3)	Wednesday 10:30 to 11:15
45 minute class	Friday 10:30 to 11:15 (on demand)

Preschool Gymnastics These are "no nonsense" gymnastics classes for boys and girls. Carefully planned lessons are combined with imaginative equipment for movement education and nonstop action. It's "child's play" AND fun to be learning. In small groups of 5 or 6 students the children develop living skills and learn to socialize. Parents are not present to assist; students must be about age 3 to enter class and be toilet trained - sorry no diapers.

Ages 3 and 4 45 minute class	Tuesday	10:30 to 11:15	
	Wednesday	9:30 to 10:15	
	Thursday	9:30 to 10:15	Thursday 6:00 to 6:45 (combined class)
	Friday	9:30 to 10:15	
	Saturday	9:30 to 10:15	(combined class)
Ages 4 and 5 45 minute class	Tuesday	9:30 to 10:15	
	Thursday	10:30 to 11:15	* Thursday 1:30 to 2:15 (new)
	Thursday	6:00 to 6:45 (combined class)	
	Saturday	9:30 to 10:15 (combined class)	

Preschool OPEN GYM - Every Tuesday 1:00 to 2:00
We have times available for your PLAY GROUP - CALL!

Turner's Gymnastics is affiliated with our national association
USA GYMNASTICS.

Girls 8 and older participate in the Junior Olympic Age Group Program
with our "Competition TEAM".

"Super Stars" - our pre-competitive team is for girls ages 5 - 6 - 7 - 8.

Girls Instructional Gymnastics Classes

60 Minute Classes The emphasis for this class is foundation of basic skills and fundamental elements on Vaulting, Balance Beam, Uneven Bars and Floor Exercise. Creative teaching is used to keep the activity level high with plenty of equipment time. Dance and trampoline instruction is included. Each student is placed into a group according to their age and ability - this class is suitable for beginners. The goal is a positive recreational experience for everyone. Class is held once a week for 60 minutes.

Girls Ages 5 - 6 - 7 Monday 4:30 to 5:30 OR Wednesday 4:30 to 5:30
 Tuesday 6:00 to 7:00
 Saturday 10:30 to 11:30 (11:30 to 12:30 "on demand")

90 Minute Classes This class includes basic skills along with physical conditioning and gradually introduces new and more progressive activities whenever possible. The length of this class is long to provide more equipment time which really makes the difference. Students are placed according to their age and ability - beginner through intermediate and the experienced athletes attend the advanced placement class of tryout for the team. Lots of personal attention makes for lots of personal achievement all in a friendly non-competitive atmosphere.

Girls Ages 5 - 6 - 7 Tuesday 4:30 to 6:00 OR Thursday 4:30 to 6:00

Girls Ages 7 and older Tuesday 4:30 to 6:00 OR 7:00 to 8:30
 Thursday 4:30 to 6:00 OR 7:00 to 8:30

60 / 90 Minute T N T Tumbling and Trampoline Class This is a special class for Tumbling and Trampoline instruction ONLY. It's the back handspring class with the focus on tumbling skills with plenty of strength training and flexibility. A great way to get ahead. If your cheer athlete want to get ahead - this is a good way to do it.

Ages 7 and older Tuesday 7:00 to 8:00 OR Thursday 7:00 to 8:00
 (the 90 minute option is offered "on demand")

Visit our web site at - www.turnersgymstars.com
For more information - send your email to turnersgym@aol.com

Our ALL NEW location - The Oaks Gymnastics Academy
1228 Egypt Road in Oaks
www.oaksgymnasticsacademy.com

Gymnastics Program Information

2016 - 2017

July 5 to July August 18 seven (7) week session - ** limited schedule - no Saturday**
September 6 to October 29 eight (8) week session
October 31 to January 7 2017 eight (8) week session

Class Fees - per seven (7) week session

45 minute classes \$127
60 minute classes \$156
90 minute classes \$189

Class Fees - per eight (8) week session

45 minute classes \$146
60 minute classes \$179
90 minute classes \$218

\$15 off when you enroll your second child - family discount

Ask about our HOME SCHOOL PROGRAM - afternoons Tuesday and Wednesday (new).

Registration Fee

A registration fee is paid once each season in September by every student to cover the high cost of liability insurance - a cost we have no control over. The fee is \$35 and must be included with your class fee and a parents permission form.

The current registration fee is current through August of 2016
Register for September 2016 and your fees are good through August 2017

September through December \$35 full price
January through April \$25 pro rated
May through August \$15 pro rated

How to register for class

All of our classes are offered on a first come first serve basis starting on June 1, 2016. Register IN PERSON during our regular gym hours to guarantee your space in the class you want. A parents permission form AND your payment is required at the time you register for a class. The Summer Olympic Games will mean ALL of our classes are going to fill up early and every class will have a waiting list.

All of our current students will be offered the chance to continue BEFORE any new students are added to the program. Class size is strictly limited.

Register Early and get the class you want BEFORE it fills up.

OPEN ENROLLMENT - FIRST COME / FIRST SERVE.

Turner's Gymnastics, Inc.
521 West Germantown Pike
East Norriton Pennsylvania 19403

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The Oaks Gymnastics Academy and Turner's Gymnastics, Inc
are owned and operated by Brian Turner.